

DAVINA'S SKIN TIP

Quick Tip



Quick Tips for Chilly Weather!

In comes the cold, and on blasts the heat! With both components in full effect, your skin doesn't stand a chance! Here are a few helpful hints to fight dry skin this fall & winter.

Instead of using a gel cleanser, switch to a creamy one just for our holiday seasons. This will help keep your skin movable and soft after you have removed your make-up.

The cold air is shortening the life span of your healthy skin cells, leaving them dead & dry for all to see! Maintaining regular exfoliation is going to keep them at bay while allowing your much needed moisturizer to penetrate deeper.

Speaking of moisturizer, opting for a slightly heavier one for the next few months isn't a bad idea. Also adding a hydrating or oil-rich serum into your regimen right now will do wonders for you. Apply them to your skin right

before your moisturizer and your skin will be ready to take on any kind of climate!

Happy Holidays!
To your skins good health,

Davina

